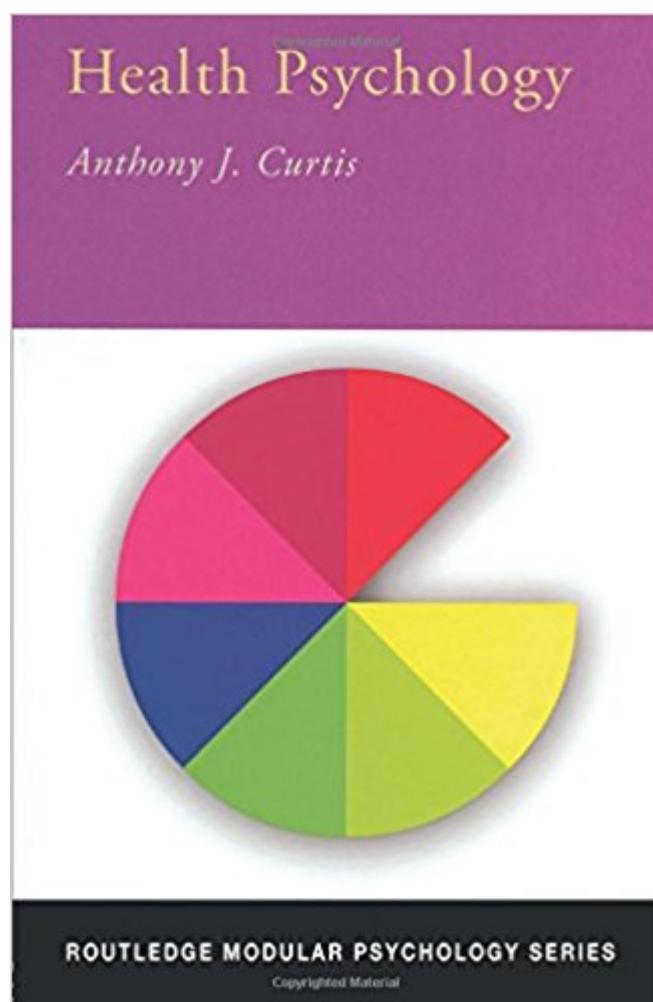


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# Health Psychology (Routledge Modular Psychology)



## Synopsis

This simple and concise introduction to the psychology of health is the perfect text for students new to the area. Topics covered include health policy and epidemiology, genetic factors in disease, the experience of illness as a patient, beliefs and attitudes, stress, pain and healthy lifestyles.

## Book Information

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## Customer Reviews

"This is a very easily read book which assumes no prior knowledge. As such it will be very useful as an introductory text in a variety of health related undergraduate programmes." - C.M. Duffield, University of Technology, Sydney, Accident and Emergency Nursing

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